## Personalities, Profiles and Plans

This course is for anyone wanting to understand their strengths and weaknesses and create some clear and achievable career goals. You'll gain insights into how individuals respond and behave, carry out a personal skills audit and produce a personal development plan.



#### IS THIS FOR YOU?

This course is designed for: -

- Anyone who needs to understand their strengths and weaknesses
- Anyone wanting to get their career and life goals clear and attain them
- Anyone wanting to learn about personality and about profiling techniques

#### **ABOUT THIS COURSE**

This is the perfect self-development program for anyone who needs to understand their strengths and weaknesses - and want to create some clear and achievable career goals.

You'll gain insights into how individuals respond and behave, carry out a personal skills audit and produce a personal development plan. This is career and work focussed learning which gets its message across with interactive learning, special learning activities and quick quizzes.

Unlike many self-development courses, this one is conducted entirely via the internet, a flexible way to learn at your own pace. So you can access your self-development training whenever you like. An online progress meter lets you keep track of your progress, and you'll find practical hints and tips to use in real-life situations.

You have a generous six months in which to complete the course - after which you'll be able to put the renowned Pitman Training name on your CV.

The online course introduces and covers key areas, including:

- How Individuals Differ (including the Myers-Briggs Type Indicator)
- Learning Styles
- Life and Career Planning
- Setting Standards and Objectives
- Career and work-focussed learning
- Specially designed learning activities help you put into practice the new habits and skills you have gained. They reinforce your learning and create a memorable course-style.
- Interactive 'Quick Quizzes' give you the chance to test your new-found knowledge
- Learning bookmarks built into the system, so you can easily start again where you left off

 Automatic progress tracking helps you see your progress, building up your motivation.

#### AIMS AND OBJECTIVES

The main aims and objectives of this course are to:

- Gain an insight into how individuals respond and behave
- Look at various learning styles and see how individuals differ
- Carry out a personal skills audit and produce a personal development plan to review and maintain your life and career goals.

#### **PRE-REQUISITES**

There are no pre-requisites required for this course.

#### **CAREER PATH**

After this training is complete you can work towards Managerial or Team Leader type positions across any type of industry or organisation. Wherever you're going to be managing a team of different people around you, this course will benefit your management skillset.

#### **COURSE DURATION: BETWEEN 13-16 HOURS**

(Actual course duration will vary from individual to individual, based on prior skills and application).



#### **CPD POINTS:** 16

(Awarded CPD points upon successful completion).

To find out more about this or any of our courses, speak to one of our course advisors.

### The best way to predict the future is to create it.

To discuss your current skills and aspirations call:

# 020 7256 6668

or visit: www.pitmanlondon.co.uk

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